

## 2020 CLASSES

First Class Free with this Card!

Tuesdays 9:30-10:45am Hatha Yoga: Level 1-3

**Tuesdays 12-1pm Yoga for All** 

Wednesdays 8-9:15am Wake Up Yoga: Level 1-3

Thursdays 12-1:15pm Yoga Flow Level 1-2

6-7:30pm Candlelight Restorative Yoga Restful & Rejuvenating (call for dates)

Private Yoga Sessions by Appointment Call or Text Susan (510) 421-5081 \$65/hr



5 Class Package \$80: Drop In \$18

Susan Urquhart-Brown, RYT anjori70@gmail.com www.anjoriyoga.com 48 Glen Avenue Oakland 94611 (510) 421-5081